



Guide for Players/Parents of Sevenoaks Town FC

The UK government has issued social distancing measures in England which are designed to reduce the risk of transmitting the coronavirus in our communities. As such the club has created a number of procedures to ensure that not only are we able to maintain social distancing while carrying out our football activities but also to deliver a hygienic environment in which our football activities can take place.

Below is a summary of measures implemented by Sevenoaks Town FC and should be read in conjunction with The FA's 'Football Activity Guidance for Parents and Carers'.

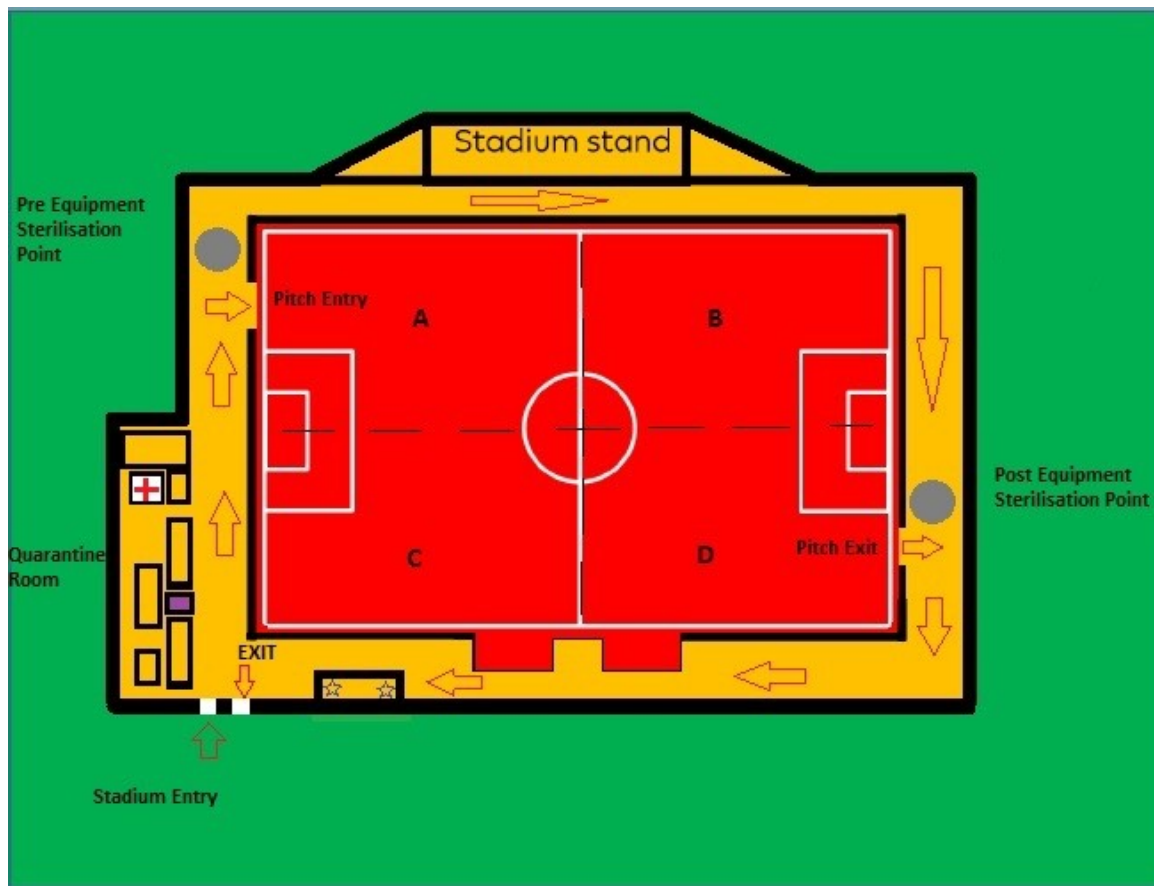
Understanding the Measures Implemented and Expectations of the Players and Parents/Guardians

The restriction on the numbers of people able to train and access the 3G pitch or a public grass pitch is to enable the required social distancing measures and provide a hygienic environment. It will prevent multiple people coming into close contact with others and prevent the touching of multiple surfaces which can cause the transmission of the coronavirus from one person or an object to others. The club has followed guidelines provided by the Government and The FA.

- Players and Coaches will be required to submit a COVID-19 questionnaire each time they attend training. The questionnaire must be provided before entering the 3G pitch or the grass training pitch to confirm that attendees have no symptoms of the coronavirus and have not come into contact with anyone with symptoms of the coronavirus. If a person has symptoms or has been in contact with someone with symptoms or generally feels unwell then they must not attend training. Players are reminded that there will be plenty of opportunities for training over the coming months.
- The entrance to the 3G pitch will be manned and Players, Coaches and other permitted attendees will be required to pass a temperature check in order to gain access to the ground. Anyone with a temperature will be refused entry into the ground.
- Please travel to the training pitch with only members of your household and do not provide lifts for others which would breach the current government guidelines for social distancing.
- Please maintain social distancing in-line with government guidelines while in and around the club's facilities and public grass training pitches. Parents should never enter the training pitch unless it is for an emergency.
- There will be no access to the changing rooms and toilets at the ground or club house until further notice. Players and parents are advised to go before leaving for training or use any public facilities available nearby.
- Players should arrive at the allotted training times wearing their training kits. When training at the 3G pitch a period of 20 minutes has been allowed between training sessions to allow time for arrivals and departures.
- We request parents not to attend training if possible in order to help minimise large groups forming. Those parents not attending will be asked to drop and collect their children at the allotted time from outside the 3G ground entrance/exit or from the public grass pitch side. Please maintain a social distancing at all times including car park areas.
- Coaches will provide continued guidance on social distancing to players during training.

- Coaches will provide sanitised football equipment such as footballs, cones, and other training equipment being used during the session.
- There is signage inside and at the entrance to the 3G pitch as a reminder of social distancing and parents are asked to remind all players of the need to maintain social distancing even when training.
- Players should bring with them their own named water bottle and named hand sanitiser bottle for persto rhe 3G pitch but this is not possible at public grass pitches. The FA recommend that players use personnel hand sanitiser where ever possible.
- Players are not permitted to handshake, high five or any celebrations which can create a breach of social distancing.
- Players should use a tissue or upper sleeve if they need to cough or sneeze during a training session.
- STFC have arranged for goalposts and other frequent touch points in the 3G pitch to be sanitised with a cleaning sanitiser which continues to work for up to 30 days after it has been applied. This will be supported by a sanitising clean to entrance and exit areas of the 3G pitch and monitoring tests of microbes to increase frequency where required..
- STFC have processes in place should someone fall ill during a training session as well as the administering of first aid using appropriate gloves and masks.
- We recommend the washing of player training kits as soon as they return home.
- Please note that our coaches and volunteers are working at the club to ensure everyone remains safe and we would ask you to respect their decisions if a player is refused entry to training or requested to be collected early.

Sevenoaks Town FC Bourne Stadium Training Zones



The Green Zone is the area outside of the ground when everyone must maintain social distancing measures.

The Orange Zone is for use by volunteers, coaches, players and invited parents. Please note all changing rooms, toilets, storage rooms are not in use during training sessions.

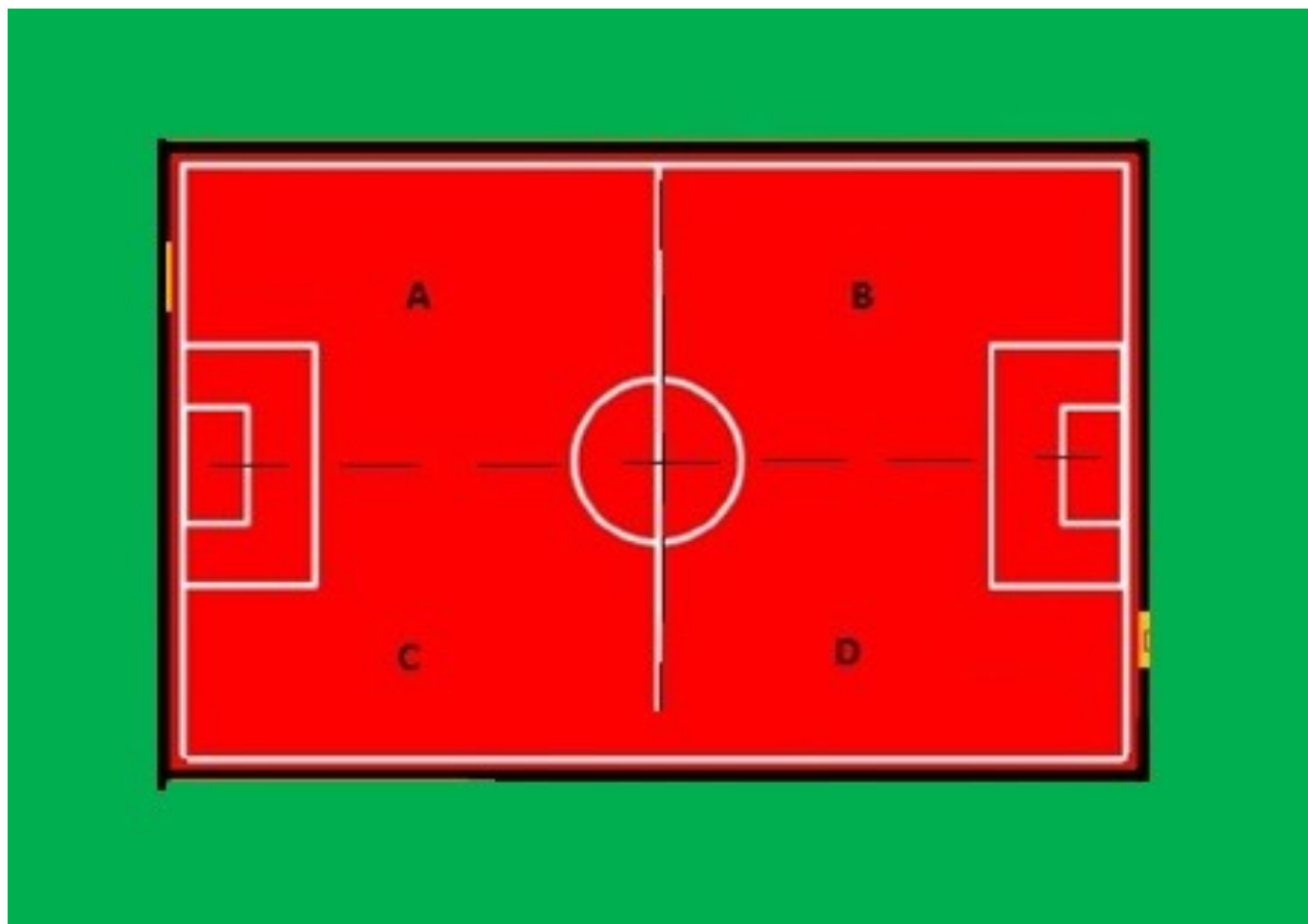
The Red Zone is only for players and coaches to access during training with a maximum of 24 players in this red zone. The red zone is further divided into a maximum of 6 players per quarter labelled as A, B, C and D. Please note that there is sometime a lag between verbal communication by the government and written clarification of any new rules, so please await communication from STFC for any changes to the processes we have in place.

A one-way system is in operation around the pitch along with entry and exit points on the pitch.

Attending parents/guardians will be required to use the standing area located opposite the entrance along side the pitch. No spectator stands will be open.

Drop off and collection points of players will be immediately outside the entrance/exit to the ground for parents not attending.

The entrance will be manned and this is where you will show your COVID-19 questionnaires and undertake a non-touch temperature check before entry.



The Green Zone is the area outside of the training pitch area (which will be marked out with cones) to be used when everyone must maintain social distancing measures.

The Red Zone is only for players and coaches to access during training with a maximum of 24 players and coaches in this red zone. The red zone is further divided into areas for a maximum of 6 players per quarter labelled as A, B, C and D. Please note that there is sometime a lag between verbal communication by the government and written clarification of any new rules, so please await communication from STFC for any changes to the processes we have in place.

Players will be asked to provide their completed COVID-19 Questionnaire at the commencement of training.

Parents/guardians are asked to maintain social distancing and to never enter the red zone unless it is an emergency.

Drop off and collection points of players will be at the edge of the red zone.